

LSCHS Quarterback & Wide Receiver/Runningback Camp

When: June 26, 2010

Time: 9:00 - 2:00

Where : Lasalle Colege High Schol

Who : Boys Entering Grades : 6 - 10

Cost : 125.00

Will include T - Shirt and Lunch

Checks made to : Dom D'Addona Football Camps

Camp Goal :

This mini camp will provide a quarterback, wide receiver/runningback with fundamental instruction in the passing game.

Qb Skills :

Proper Warm-up/Stretch
Footwork/Release Drills
3-5-Sprint-out technique

Wide Receiver/runningback Skills :

Techniques of catching
Stance/Start/Release Drills
Passing Tree concepts

Registration :

Name :

Address :

Phone :

Email :

School :

Grade :

T-shirt Size : All Adult Sizes S M L XL

I realize that participation in any athletic activity involves risk of injury. I hearby agree to waive any claim against LSCHS and clinic staff. Any injuries received during camp are the responsibility of the parents/guardians of the athlete.

Parent Signature :

Date :

Camp Directors : Brett Gordon and Dom D'Addona
Any questions call 610-304-9457

What to Bring :
Spikes/Sneakers
Water/Drink
Towel
A Great Attitude !!