

SUBURBAN ONE LEAGUE

CONTINENTAL CONFERENCE

PREVIEW



UPPER DUBLIN CARDINALS(5A)

Upper Dublin boasts a talented roster with a handful of veteran players at key positions who could be game changing on both sides of the ball. The Cardinals offense has potential to put up some big numbers behind a strong campaign from SR QB Colin O'Sullivan who completed 69% of his passes & threw for 1,840 yards, 21 TD's to only 5 Ints. Two of his top three favorite targets from last season, SR WR Griffin Pensabene & JR WR Chris Kohlbrenner who combined for 713 yds & 10 TD's return and are poised for strong seasons again. The defense averaged a respectable 8.14 pts per contest in conference play & returns some key contributors at multiple levels. The defense is anchored by SR DL Riley Hackett & SR DL Kyree Butler who combined for 120 total tackles & 12 sacks. We expect the Cardinals to be in contention for a conference title as well as a deep playoff run in the 5A bracket.



QUAKERTOWN PANTHERS(6A)

The Panthers are defending conference Champions that went 7-0 in conference play and 13-1 overall. Their lone loss came to Garnet Valley in the 6A playoffs. Quakertown steps into the 22-23 season with some question marks at some very important positions. We expect this team to still be competitive and be in the running for another conference crown however, they must replace a QB who threw for 1,778 yds & 24 TDs, a RB who rushed for 1,653 yds & 21 TDs, & a WR who caught 53 balls for 940 yds & 14 TDs. The offense will look to SR RB John Eatherton who rushed for 712 yds 9 TDs & caught 26 passes for 452 yds 3 TDs to continue his dominance. The defense will also have a lot of question marks as it loses most of its production from a very dominant senior class. We Look for SR S John Eatherton, JR LB Brett Hileman, & SO CB Adam Strehle to be staples on the defense.



SOUDERTON INDIANS(6A)

The Indians finished 4-2 in conference play. They will look to keep things competitive again this season. They could surprise some folks. SR Jared Zimmerman started the final three games of 2021 at QB, and looks to have a breakout season in his first full year. Shaun Purvy and Winday Dawson return after missing the 2021 season with injuries. They should be solid pieces of an offensive attack that will also include WR Danny Dyches, ATH Caleb Hageman, TE Joe Nase, FB Chris Kerns, and HB Ryan Sadowski. Ben McMackin returns to anchor a primarily underclassmen offensive line Aiden Elliott and Joe Nase both earned all-league honors in 2021 as sophomores on the defensive line, while Khalil Williams also gained valuable varsity experience as a sophomore in 2021. Purvy and Dawson both started at CB in the 2020 District 1 Championship game vs. Pennridge as sophomores, and they return (along with Jaffari Sudi) after missing 2021 with injuries. Those three players join Hageman and Dyches as returners in a veteran secondary with many talented playmakers. Chris Kerns and James McCoy return as starters at LB, and they are joined by Ryan Sadowski to comprise an athletic linebacking core



BENSALEM OWLS(6A)

Bensalem saw its program take steps in the right direction after totaling just 4 wins since the 2018-19 season. Under first year head coach Alexander Houston the Owls finished 4-3 in conference play & 5-5 overall. The owls head into this season with question marks at some important spots but expect the players filling in to step up and compete. Look for the Owls defense to have some thumpers. Keep your eye out for a strong season from SR DE Ahmed Kamara who will be found in the opposing team's backfield often. SR MLB Nick Murillo brings veteran leadership and SR CB Zyan Greene is poised to have a big impact in the secondary.



HARRY S. TRUMAN TIGERS(6A)

Truman is another team who won 2 conference games. They look to play disciplined smash mouth football all season long. They want to keep their mistakes to a minimum and always capitalize on other teams' mistakes. The Tigers expect to get their speed in space and force defenses to cover every area of the football field in the run game and passing game in their Pound Raid Offense. Defensively they look to play aggressive football with 11 hats always swirling to the ball. Look for huge production from Rondell, Abe, Eliazar, El and Kessey Lowenthal.



C. ROCK NORTH INDIANS(6A)

The Indians won 2 conference games and look to be a bit more competitive this season as they return a few key pieces to their defense. Strong seasons from Safety tandem SR S Gavin Papp who totaled 115 total tackles, 11 pass break ups, & 4 FF last season & SR S Vaughn Vanderslice who had 63 tackles, 8 pass break ups, 2 Ints, & 3 FF could be huge in the defense's success. These two will make it very hard for opposing QBs to throw in their direction. SR MLB Avi Patel tallied 43 Solo Tackles, 10 TFL, & 4 pass break ups, & 6 sacks. Offensively the running attack will be powered by SR RB Gavin Papp who rushed for 807 yds 7 TDs.



C. ROCK SOUTH HAWKS(6A)

The Hawks finished 2-5 last season. Heading into this season they have a new head Coach in CJ Szydluk & they are hoping to find their identity quickly and make a push for a playoff spot. They have a good mix of returning upperclassmen and a strong junior class, & are optimistic for a quick turn-around.



HAT. HORSHAM HATTERS(5A)

Hatboro is the unknown team this year as they finished 0-6 in league play and 0-8 overall. In their defense the Hatters were casualties to COVID and had to forfeit 4 contests.

2021 CONFERENCE STANDINGS

| School Name | W-L | W-L |
|--------------------|-----|------|
| Quakertown | 7-0 | 13-1 |
| Upper Dublin | 6-1 | 9-3 |
| Souderton | 4-2 | 6-5 |
| Bensalem | 4-3 | 5-5 |
| Council Rock North | 2-5 | 3-7 |
| Council Rock South | 2-5 | 2-8 |
| Harry S. Truman | 2-5 | 3-7 |
| Hatboro-Horsham | 0-6 | 0-8 |

2022 BIGGEST GAMES

| |
|-----------------------------|
| 9/2 UD @ CB WEST |
| 9/2 PENNRIDGE @ SOUDERTON |
| 9/2 NORTH PENN @ QUAKERTOWN |
| 9/16 PW @ QUAKERTOWN |
| 10/28 QUAKERTOWN @ UD |
| 10/28 CR NORTH @ CR SOUTH |

PRESEASON WATCH LIST

| POS. | NAME | TEAM |
|------|--------------------|----------|
| QB | COLIN O'SULIVAN | UD |
| OL | VINCENT PELLEGRINI | QTOWN |
| S | GAVIN PAPP | CR NORTH |
| DE | AHMED KAMARA | BENSALEM |
| RB | NYFISE MCINTYRE | UD |
| S | VAUGHN VANDERSLICE | CR NORTH |
| WR | GRIFFIN PENSABENE | UD |
| OL | VINNIE SZYDLIK | CR SOUTH |
| DL | KYREE BUTLER | UD |
| RB | JOHN EATHERTON | QTOWN |

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