# SUBURBAN ONE LEAGUE NATIONAL CONFERENCE

# PREVIEW



#### **NORTH PENN KNIGHTS(6A)**

The Knights look to be at the top of the conference again after finishing 7-0 and 11-1 overall. Their only loss came to Ridley in a nailbiter 55-56 in the 6A District 1 quarterfinals. HC Dick Beck brings back another championship caliber team with aspirations of a State Title. North Penn lost a few to graduation which includes Dominant WR Levi Carroll & RB Khalani Eaton who rushed for 1,796 yds & 27 TDs on 211 carries. That's an 8.5-yard average per carry. North Penn boasts a 20 plus player senior class. Look for SR QB Ryan Zeltt to have another strong season under center for the Knights. Another Player to be on the lookout for is Transfer SR WR Yazeed Haynes who is currently committed to the University of Georgia.



### C.B. WEST BUCKS(6A)

The Bucks return key components at some very important positions. SR QB Ganz Cooper is back under center, SR RB Eli Boehm and SR RB Vinny Cherubini look to carry the load in the backfield & SR WR Connor McFadden will be counted on to be Cooper's #1 target. JRs Matt Cleland, LB & DJ Vessichelli, DB expect to make an impact for the defense. For the Bucks to sustain a level of excellence their young men must continue to come together and learn what it takes to execute with consistency and in critical moments. The Bucks expectations and standards will not waiver year to year so that remains the same. They will look to maximize the talent they have and see where that leads them. If we were to bet on it a 6A playoff spot as well as a chance for a league title is within their reach.



#### <u>C.B. EAST PATRIOTS(6A)</u>

The Patriots finished 4-3 in conference play last season. They also made an appearance in the 6A playoffs which ended at the hands of Perkiomen Valley. Offensively their line is experienced and Physical. SR QB Pat Keller returns to lead the way after completing 58% of his passes for 1,256 yds 14 TDs & only 1 INT. They will have a solid rotation at RB & their TE corps is deep. They will however need to develop more depth at WR. Defensively, they look to make big strides in year two of their new scheme. The Patriots will have a deep rotation up front and a LB unit that is experienced and aggressive. Matt LaBouliere is one of the best in the area in the secondary.



#### PENNRIDGE RAMS(6A)

The Rams of Pennridge finished last season 5-2 in league play & 8-5 overall. An appearance in the 6A playoffs was short lived as they lost a heartbreaker to CB West 19-17. New HC Chuck Burgy must utilize the same rushing attack as last year. The Rams return a three-headed monster in Brennan Fisher, Tyler Wetzel, & Nate Mossbrook. The backfield combined for 1.905 vds on the ground to go with 15 TDs. The Rams have some question marks in a few key spots however, we expect them to still be at the top of the league. They have a new QB under center in Patrick Burdick, but we think he will surprise a lot of people this season. The Rams must replace a huge hole on the defense as SR LB Phil Picciotti who had 144 total tackles & 19 TFL has transferred to national power IMG Academy in Florida. We expect a big year from Dylan O'Brien as he had 62 total tackles, 2 sacks, and multiple INTs last season.



#### <u>NESHAMINY REDSKINS(6A)</u>

The Redskins are eager to turn things around after going 1-6 in league play. Offensively, Marcus Barnett & Travis Lavelah will see the bulk of the carries. Colin Baker takes over at QB this season. His favorite targets should be TEs Nick Buchys and Joey Zack, Returning Wide receiver John Morris provides a good downfield threat. The offensive line has some experience and will be relied on to control the tempo of the game. The defensive line returns three very good players in Jack Dunkey, Buchys and Zack. Joel Bonner is the only returning linebacker but they feel they have a lot of potential at the other three spots. John Morris has solidified his spot in the defensive backfield this offseason, and there is good competition for the other spots.



#### C.B. SOUTH TITANS(6A)

The Titans finished league play at 3-4 but still made the 6A playoffs at 6-5. They were ousted by defending conference champ North Penn. South returns a decent amount of production with SR QB Brett Szarko who completed 54% of his passes for 1,269 yds 11 TDs & 5 INTs & SR WR Tommy Donnelly who hauled in 21 passes for 405 yds & 5 TDs. Defensively SR Colin Kelly & SR Liam Goss combined for 100 total tackles 2.5 sacks, & 1 Int. A return to the 6A playoffs looks promising.



#### ABINGTON GHOSTS(6A)

The Ghosts hope to get better each week. They return several players on both sides of the ball which includes; Jaime Rivera, Alton Bullock, Connor Penderghast, Josh young, Johnny Coonahan, John Wright, & Luke Myslinski. Key newcomers that HC Kevin Conlin expects to make an impact include; Ryan Smith, Anthony Pronsanti, & Michael Moynihan



#### PENNSBURY FALCONS(6A)

The Falcons are a storied program in the conference but are on a 16 game losing streak that dates back to October 25, 2019. Pennsbury needs for HC Galen Snyder who is back for a second stint to rejuvenate this program.

2021 CONFERENCE STANDINGS			
School Name	W-L	W-L	
North Penn	7-0	11-1	
CB West	6-1	9-3	
Pennridge	5-2	8-5	
CB East	4-3	6-5	
CB South	3-4	6-5	
Abington	2-5	3-7	
Neshaminy	1-6	2-8	
Pennsbury	0-7	0-10	

#### **2022 BIGGEST GAMES**

8/26 ABINGTON @ CHELTENHAM

9/2 UD @ CB WEST

9/2 NORTH PENN @ QUAKERTOWN

9/9 UD @ NORTH PENN

9/23 CB WEST @ NORTH PENN

10/14 PENNRIDGE @ CB WEST

PRESEASON WATCH LIST			
POS.	NAME	TEAM	
QB	RYAN ZELT	NP	
OL	LIAM POWERS	CBE	
RB	BRENNAN FISHER	RIDGE	
RB	TYLER WETZEL	RIDGE	
WR	YAZEED HAYNES	NP	
RB	ELI BOEHM	CBW	
QB	PATRICK KELLER	CBE	
QB	BRETT SZARKO	CBS	
ATH	VINNY CHERUBINI	CBW	
RB	ETHAN SHINE	СВЕ	

## **BROUGHT TO YOU BY:**

