



Northgate preview



Last Season Recap: Last season the Flames finished with a record of 4-6. When they won they won big and when they lost they lost big. Notable wins came against Springdale and Frazier.

Offense: The Flames offense had its good and its bad days. Now Senior Austin Mitchell led the team with 13 touchdowns on the year. Other than that they had a pretty good WR that graduated in 2023 Lewis Clark. Clark averaged 70 YPG.

Defense: Defense is always hard to play and that is definitely true for Northgate. When they lost they would give up 40 or more points. When they won they would give up anywhere from zero to twenty points per game.

Overall: This year might end up being a decent year for the Flames. The first 3 weeks of their schedule will be fairly easy. When they play Shenango, Union, Laurel all back to back that's when things might go down hill.

Season record prediction 3-7