



Rochester Preview:



Last season Recap: The Rams last season finished with a winning record of 7-5. Out of the 5 losses the team had they lost by only one score 4 out of those 5 games. Their season ended with an 18-16 loss to Union in the playoffs last year.

Offense: The Rams offense was not really a dominant factor last season with 2023 graduate QB Parker Lyons leading in both passing touchdowns (2) and rushing yards per game with 56 yards per game. With Lyons graduated fans will now get to see 2024 QB Jayden Norman who only has had 1 attempt in a game.

Defense: The Rams had a decent defense last season. The top guy for the Rochester defense last year was 2024 Amaree Curry who led the team with 7 solo tackles two assisted 9 total.

Overall: The Rochester Rams have a fairly easy first 4 weeks to the season. It will be exciting to see if they can really turn it up for week 5 and 6 when they have a home game vs Laurel week 5 and then travel to Union to take on the scotties week 6. Some exciting football is coming to Rochester this season.

Season record prediction 5-5