



Elizabeth Forward Warriors Interstate

Last Season: Elizabeth Forward last season finished with an overall record of 10-2, and a conference record of 4-1.

Offense: The Warriors finished with 195 points scored in conference competition and were the second best team for the amount of points scored in the Interstate Conference. They finished fifth in conference points scored in all 3A right behind West Mifflin (202).

Between all their games Elizabeth Forward averaged 34.4 points. QB Ryan Messina, who is going to be a junior this year, had 1700+ passing yards with 15 TDS and 7 INTS. He also had 200+

rushing yards with 2 TDS. Also returning with Messina is senior running back and wide receiver Charlie Nigut. Nigut was an all-conference football player his freshman year and he had 800+ rushing yards with 17 TDS and 3 receiving TDS last season. Not returning this season is wide receiver Isaiah Turner, who will be a freshman at Washington and Jefferson this fall. Turner found the endzone 9 times for the Warriors last fall with 800+ receiving yards. Some new faces this year for the offensive side of the ball include wide receivers Chad Rager and Anthony St. Angelo along with running back Trysten Skrinjorich. They will be playing alongside returning running back Jayce Brown and wide receivers Connor Stokes and Aj Greise.

“I expect us to be very competitive and to be one of the top two team standing for the WPIAL Championship” stated head coach John DeMarco.

DATE	TEAM	SCORE & RESULT
8/25	Vs Ringgold	33-0 W
9/01	@ West Mifflin	24-7 W
9/08	Vs East Allegheny	45-15 W
9/15	@ Shady Side Academy	42-14 W
9/22	Vs Knoch	22-0 W
9/29	Vs Southmoreland	31-24 W
10/06	@ Mt. Pleasant	39-25 W
10/13	@ South Allegheny	49-14 W
10/20	Vs Greensburg Salem	48-13 W
10/27	@ Belle Vernon	49-28 L
11/10	Vs West Mifflin	42-21 W
11/17	Vs Avonworth	21-10 L

Defense: Elizabeth Forward allowed an average of 16.9 points last season between all their games, including two shut-out games and five games where they never gave up more than 15 points. The defense had a great season number wise with only 125 points allowed in conference competition which was the third best in the Interstate conference behind Belle Vernon (55) and Southmoreland (115). The team is returning three of their D-Line, seniors Chris Climes, Joel Surdyn and Alex Dziadyk along with newcomers Matt Gatto and Damien Rice.