



## South Fayette Lions Allegheny Six



**Recap:** Last season the South Fayette Lions finished the season 4-6 overall and 1-4 in the Allegheny Six.

**Offense:** The Lions scored the second fewest points in the Allegheny Six only behind Baldwin (81), and the third fewest in WPIAL 5A (220).

Despite the low point totals, Nico Lamonde threw for 1,939 passing yards (tied for 13<sup>th</sup> in the WPIAL), 15 TDs and 4 INTs. South Fayette also had five receivers with 100+ receiving yards and three with 300+ led by Michael Gimigliano with 800+ yards. The Lions had depth when running the football with three players rushing for more than 200 yards. Nate

Deanes led that category with 480+ yards, averaging 5.2 yards per carry and scoring 8 total TDs.

**Defense:** South Fayette allowed 25.3 points per game, which was the third best of all Allegheny Six teams. Five times during last season the Lions held teams to 14 points or less, however four times they allowed 35 points or more.

**Overall:** The Lions did lose some big players including their leading passer, rusher, and receiver in Lamonde, Deanes, and Gimigliano. They also lost OL/DL Tim Haviland who committed to PennWest California. Some key players returning to the Lions are Junior QB Drew Welhorsky, seniors Aiden Martincic (WR), Travis Watkins (LB), Talan Mizenko (LB), and other juniors Tyler Ring (DE), Conor Hiser (C), Mason Green (OT), Trey Pottegeier (CB) and Syllas Aitken (OLB).

Head Coach Marty Spieler says "Junior laden team with good skill." "We have a lot of depth at the skill position without a lot of in game football experience."

DATE	TEAM	SCORE & RESULT
8/25	@ Chartiers Valley	42-14 W
9/01	Vs WestAllegheny	31-14 W
9/08	@ Montour	42-35 L
9/15	Vs Peters Township	35-0 L
9/22	@ Canon-Mac	14-7 L
9/29	@ Moon	24-3 L
10/06	Vs Plum	24-13 W
10/13	Vs Baldwin	28-14 W
10/20	@ Bethel Park	49-29 L
10/27	Vs Upper Saint Clair	34-21 L